

Core Activities Undertaken by Practitioners

Role	Re-Active	Pro-Active
Occupational Health Advisor (OHA) and Nurses	Referrals to OH services Case notes Contact with clients Referrals to other services i.e. physiotherapy, welfare counsellors, Medical Officers	Pre-selection Family Liaison Officers Child Protection Officers Body Recovery Seconded Officers Mounted Branch
	Reviews with Personnel managers	Presentations / Education
	Case Conferences	Lung Function testing for “at risk” groups
	On Call (available 24 hours/7 days) Trauma Support Programme (TSP) Major Incident	Project work Child Protection Units-Training Attendance Management DDA Generic Pre-selection and monitoring for vulnerable groups (police and civil staff)
		Physical Assessment for Healthy for Life – permanent night duty police officers
		Training Risk assessment DSE Eye sight Lay Assessors
Occupational Health Welfare Counsellors (OHWC)	One to One counselling (self referrals or through line manager)	Presentations / Education

Role	Re-Active	Pro-Active
	Preparation of case notes	Pre-selection Family Liaison Officers Child Protection Officers Body Recovery Seconded Officers
	Case conferences (as appropriate)	Project work Child Protection Units - Training
	On call (available 24 hours / 7 days Duty welfare Trauma Support Programme (TSP) Major Incident	
Physical Training Instructor (PTI)	Fitness Testing – Specialist units	Healthy for Life Assessments Blood pressure Cholesterol Heart monitoring Height and weight
	Training Manual Handling	Advice Healthy lifestyle Smoking/drinking/diet and exercise
	Fitness Assessments Use of gym equipment	Consultations Personal fitness programmes for staff on restricted or recuperative duties
Physiotherapists (Agency staff)	Provision of physiotherapy Exercise Massage Acupuncture	Advice/consultation

Role	Re-Active	Pro-Active
Medical Officers	Consultation/reviews Provision of advice to managers re employee capabilities and limitations in the workplace. Provision of advice re rehabilitation options. Provision of recommendations re permanent disability. Injury awards – setting percentage disability Pension reviews Meet with cluster commanders at 3 monthly intervals.	